Blessed Are Who? Art Guide

Overall Learning Objective: The kids will learn that in Jesus' kingdom their amazing gifts are just as important as anyone else's in helping others.

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Day One: Esther the Courageous Queen

Key Beatitude: Blessed are **the merciful**, for they will receive mercy. **Bible Passage:** Esther 1-10

Art Overview: Today the kids will make and decorate crowns using paper plates and decide what they are the queen of, just like Esther is the queen of courage.

Learning Objective: Jesus' kingdom is like a place where everyone is queen or king of something. Everyone has a special gift that they are great at sharing and are free to share it. Those gifts and those people are valuable and unique treasures like a crown.

Project: Queen Crowns

Adapted from First Palette (<u>www.firstpalette.com/craft/paper-plate-crown.html</u>) Supplies Needed:

- Paper Plate (at least 1 per kid)
- Scissors
- Glue (Elmer's-style)

- Tempera or Poster Paint (optional)
- Paint Brushes (optional)
- Small Assorted Decorations: buttons, stickers, sequins, plastic gems, small pompoms, little bows, ribbons, foam or fabric shapes, glitter glue, etc.



Questions to ask the kids while you're creating together:

- What is something that you are really good at? *For example, riding a bike, reading, cleaning up messes, making things, etc.*
- What's an example of a fun time you did one of these things?



• How can you make sure others can do these things too? *For example, by teaching someone or donating a bike or book.*

Project Instructions:

1. Give each kid an ordinary paper plate.



2. Paint the plate the color of your choice. Yellow, gold, or silver are good choices for a queen's crown. You will need to paint each side and let it dry one at a time. You can use sunlight or a fan to help the paint dry faster (but don't let it blow away!).

Some kids might prefer to paint their crown with many colors. It's up to you whether the kids can do that, but creative expression is always good.







3. Once the paint is dry on both sides, carefully fold the paper plate in half.



4. Starting at the center of the bottom of your folded plate, draw three equally spaced lines out towards the sides of the plate. The lines should stop at least one inch before the edge of the plate.





- 5. With the plate still folded, carefully cut along these lines. Make sure to stop at least one inch before the edge of the plate. (If kids have trouble cutting the plate while it is folded, you can have them draw lines on both sides and cut an unfolded plate.)
- 6. Also cut along the crease from the fold, making sure to stop one inch before the edge of the plate.



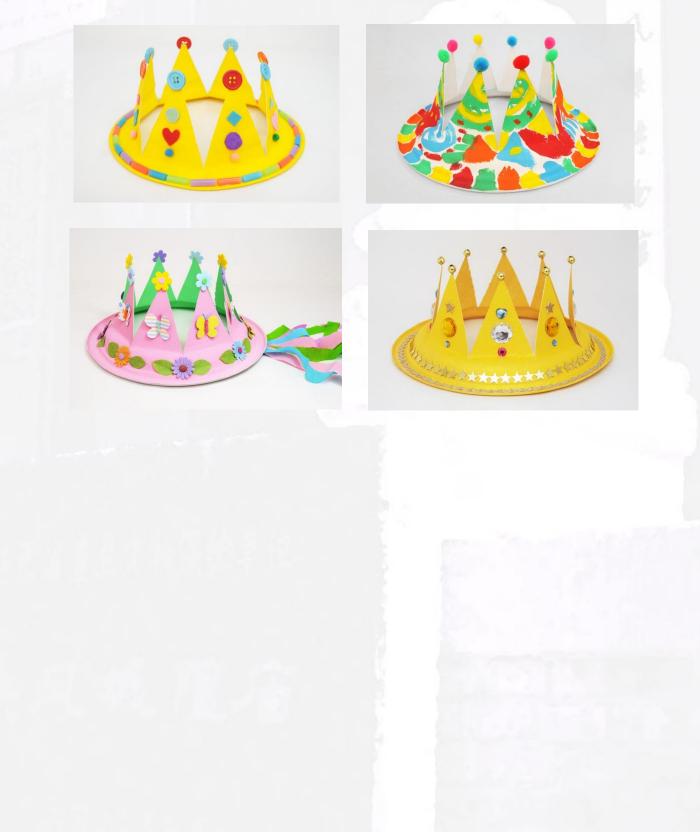
7. Place the paper plate bottom side up. Carefully fold up the wedges to transform the plate into a crown.





8. Decorate your crown with glitter glue, stickers, plastic gems, sequins, buttons, felt or fabric shapes, foam or paper shapes, small pompoms, or any fun materials you come up with.

After the glue dries, your crown will be ready to wear.





Day Two: Mary the Blessed Believer

Key Beatitude: Blessed are the pure in heart, for they will see God. **Bible Passage:** John 20:1-18

Art Overview: The kids will make puffy paint using shaving cream and then a puffy paint drawing. The drawing will signify the full hearts Mary and we have after discovering the empty tomb of Jesus.

Learning Objective: A heart that is full for Jesus is like a picture where the colors are bursting (or puffing) off of the page. That's the way that God sees us, bursting with life and live and the possibility for even more.

Project: Puffy Paintings

Adapted from Artful Parent (<u>https://artfulparent.com/2015/07/diy-puffy-paint-for-kids.html</u>)

Supplies Needed:

- Foam Shaving Cream
- Flour (at least 1 cup)
- Glue (Elmer's-style)
- Food Coloring (or a little paint)
- Large Mixing Bowl

- Mixing Spoon
- Ziploc Bags (quart size)
- Cardstock or Cardboard (at least 1 per kid)
- Measuring Cup

Questions to ask the kids while you're creating together:

- What is the most excited you have ever been in your life? For example, was it a Christmas, a birthday or a trip?
- Have you ever learned something that made you super excited? *For example, when you learned about a cool trip, or that your friends/family would be visiting, or that you could have breakfast for dinner?*
- What did you do to share how excited you felt in those moments? For example, did you tell a friend or share whatever you got for Christmas or your birthday?



Project Instructions:

1. Measure out the elements. Here are the recommended measurements:

- a. 3 Cups Foam Shaving Cream
- b. 1 Cup of Flour
- c. 1 Cup of White Glue



2. Mix the elements together in a large bowl. Do not overmix. You want to keep the shaving cream airy.



3. Split the mixture up into small bowls depending upon how many colors you want to make.



4. Add food coloring to each small and mix until the color is spread evenly. (You can use a small amount of paint as a substitute for food coloring.)



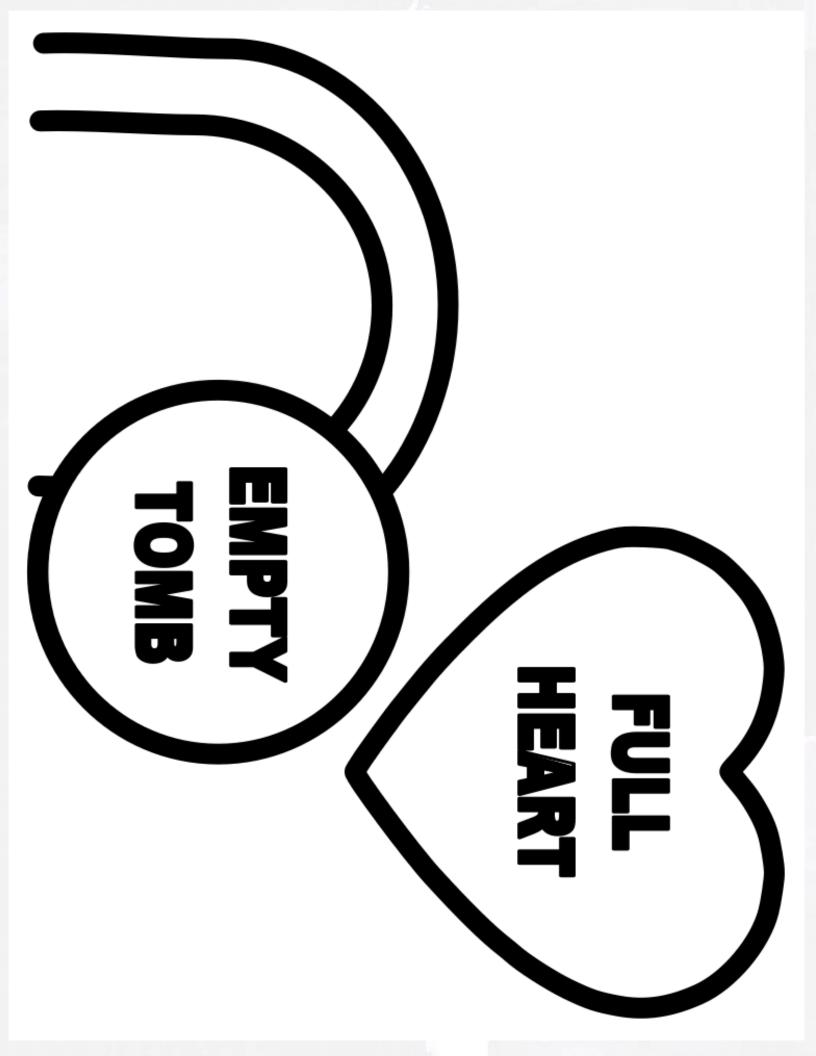
5. Spoon the mixture into Ziploc bags.



6. Seal the bag and cut a small hole in one of the bottom corners. (You may want to tape the top of the bag as well.)



7. Use the graphic on the next page as a guide for creating an image of Mary's full heart at the empty tomb, or make whatever you like!





Day Three: Deborah the Heroic Judge

Key Beatitude: Blessed are **the meek**, for they will inherit the earth. **Bible Passage:** Judges 4 - Judges 5

Art Overview: The kids will recycle paper tubes into their own castle. **Learning Objective:** Jesus' kingdom is like a strong castle where every part matters. In a castle, the blocks on the bottom are just as important as the blocks on top. Every part of the castle is important in making sure the whole thing is strong.

Project: Recycled Tube Castles

Supplies Needed:

- Toilet Paper Tubes, Paper Towel Tubes, or Wrapping Paper Tubes
- Scissors
- Tempura Paint
- Paint Brushes

- Markers
- Construction Paper
- Glue or Tape



Questions to ask the kids while you're creating together:

- Who is the most important person in our home?
- What would happen if the person who makes food, stopped cooking?
- What would happen if the person who cleans, stopped cleaning? *For example, if they stopped doing laundry, what would happen?*
- What would happen if the person who shops, stopped shopping? *For example, if they stopped buying toilet paper, what would you do!?*



• Now, who do you think is the most important person? *It's everyone working together to get everything done!*

Project Instructions:

- 1. Each paper tube will be a separate tower. Decide how tall you want your towers to be and cut them to that size. It is good to have a variety of sizes. Also decide which towers will have parapets and which will have cone roofs.
- 2. Cut out small squares to make parapets on some of your towers. For the average paper tube, 4-6 parapets is a good number. You can use scissors to do this or have an adult do this with a knife.

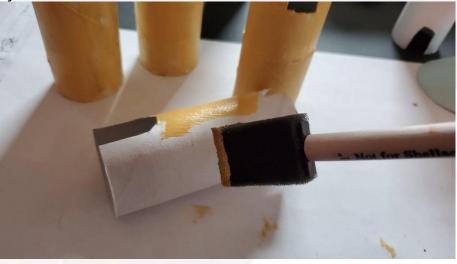


3. Use scissors to carefully add windows and doors to your towers.





4. Paint your towers whatever color you prefer. Grey is a good color but really any color would work.



5. Create cone roofs for your towers by cutting a circle out of construction paper. Then cut a wedge off of your circle.



Tape or glue the edges together to make a cone. The slant and size of the cone will vary depending upon the size of your circle and wedge. It might take multiple tries to get the sizes right. Like Deborah, don't be afraid to try even if there is a chance you might not succeed.



6. You can also use markers to add embellishments to the castle walls.



7. Tape or glue the tubes together in whatever formation you prefer. Add your cone roofs where you would like them.





Now you have your own castle!





Day Four: Tabitha the Beloved Servant

Key Beatitude: Blessed are **the poor in spirit**, for theirs is the kingdom of heaven.

Bible Passage: Acts 9:36-42

Art Overview: Today the kids will make a map of their city or town that looks and feels ancient and mysterious.

Learning Objective: Looking at Jesus' kingdom is like looking at a map where all the places that help people are highlighted. The place you live is full of different people who Jesus called your neighbors. It's a place full of God's adventure to help those neighbors.

Project: Ancient Adventure Map

Supplies Needed:

- Teabags (at least 1 per kid)
- Kettle or Microwave with safe container
- Colored Pencils
- Computer Printer
- Water Tap
- A printed out map of your town or city. Glossy paper will not work as well as regular computer paper.



Questions to ask the kids while you're creating together:

- Can you find our house on this map? *Help the kids to mark that spot on the map.*
- Can you find our church on this map?
- Can you find your school on this map?



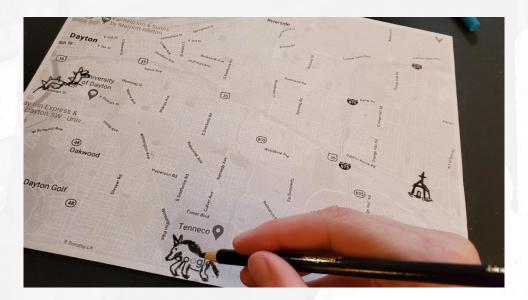
- Can you find your friend's house, your favorite park, your grandparent's house, the library?
- What are other important places on a map? *For example, a food bank for people who need food or a hospital for someone who is sick.*

Project Instructions:

- Print out a map of your town. Google maps is a great tool for this. It's up to you whether you want to use a "street view" or "satellite view." Regular computer paper works well for this. You can either print with small margins or cut off the border of your paper later.
- 2. Decorate your map with these symbols for special landmarks. You can also give a bit of excitement with some mythical creatures that may be hiding out on the map. Try your best at drawing them by hand or invent your own special decorations for the map. Colored pencils are best for these drawings as the pencils will not run in the teas as markers would.







3. This step needs to be completed by an adult: Boil at least one cup of water with a kettle or a microwave.



4. Steep a tea bag in the water for at least 5 minutes.





5. Place your map with the drawings on a baking sheet with raised edges and check if the teabag has cooled enough for you to handle it safely.



6. If the teabag is safe, begin to dab the map on the baking sheet. You can also swipe the teabag across the map like a brush for a slightly different effect. Soak the teabag again in its water if the color from the bag begins to fade. Flip the map over and repeat the process on the back.



7. Optional: sprinkle a little bit of coffee grounds over the map to make it a bit more brown.



8. Dab any excess moisture off of the map and the tray.



9. Air dry the map for about 24 hours. You can speed up this process by baking the map in the oven for about 5 minutes at no higher than 200 degrees.



Now you have an ancient map!



Day Five: Miriam the Fearless Prophet

Key Beatitude: Blessed are **the peacemakers**, for they will be called children of God.

Bible Passage: Exodus 2:1-10; Exodus 15

Art Overview: The kids will make their own little book in which they can write or draw their story.

Learning Objective: Being a child of God is like God writing an awesome book about you. God is telling a big story with the whole world and your story may seem little but it is an important part of God's story.

Project: Your Story Book

Supplies Needed:

Glue (Elmer's-style)

Scissors

- Computer Paper (each book requires three 8.5x11 sheets)
- Cardstock or Cardboard (recycled works great!)

- Needle
- Fabric Scraps
- Ruler
 - Computer Printer (optional)



Questions to ask the kids while you're creating together:

• If your life was a storybook, what would the title of the book be? *For example, Sarah the Awesome Artist or Brandon the Best Tree-Climber.*

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- Who are the characters in your story? *For example, Mom, Dad, Sister, Brother, Best Friend, Cat, Dog, etc.*
- Is God part of your story too? Yes! God is part of everyone's story.

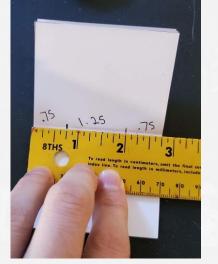
Project Instructions:

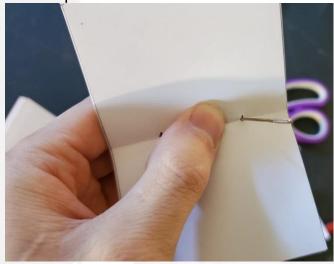
- Cut an 8.5x11 sheet of paper in half so that it is two 5.5x8.5 inch sheets. Then cut those two sheets into four 5.5x4.25 inch sheets. Then cut those four sheets into eight 4.25x2.75 inch sheets. Fold those eight sheets in half so that they make a 2.75x2.215 booklet. Make three of these booklets of eight sheets.
- 2. Divide those three booklets into six booklets of four sheets.





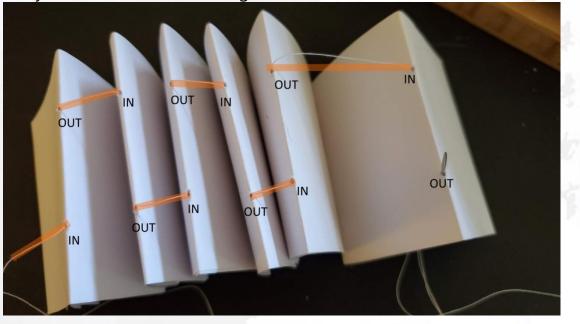
3. Open up each little booklet and measure along the center crease by .75 inches from the top and bottom. That should leave 1.25 inches in between. Poke a hole in those two spots.



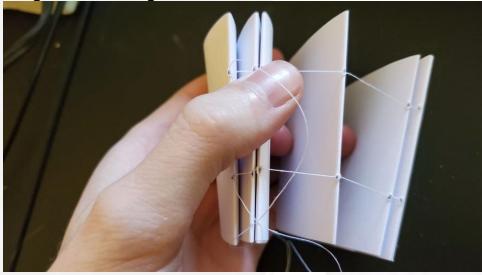




4. Thread the six booklets together by first lining the booklets up like the image below. Then thread the booklets together like the image below (the thread has been highlighted in orange). Start by going into the first booklet on the left at its bottom hole and then out at its top hole, then in at the top hole of the next booklet and out its bottom hole, and so on until you have threaded through all the booklets.

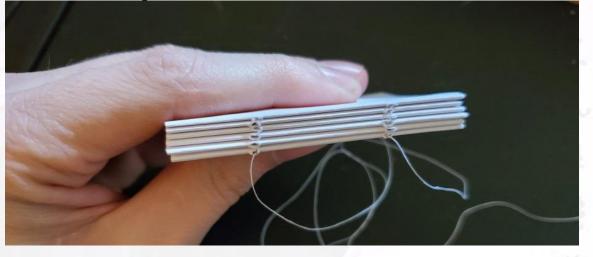


5. Once you have reach the bottom hole of the rightmost booklet, continue the same method going left back across all the booklets until they look something like this image.

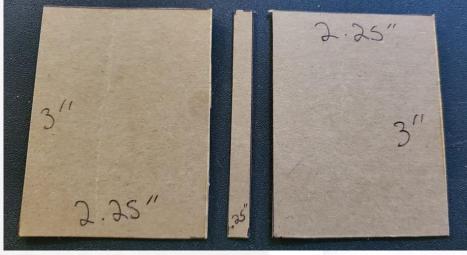




6. Pull the thread tight and then tie it off at the ends.

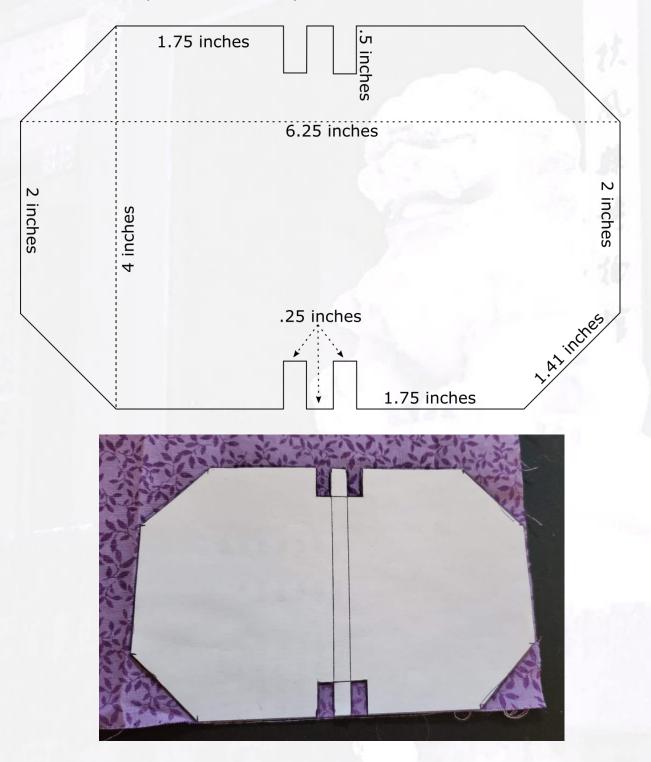


 Set the paper booklets aside for the moment and cut your little book binding and covers out of the cardstock or cardboard. We recommend making your front and back cover 3x2.25 inches. The binding should be 3x.25 inches.



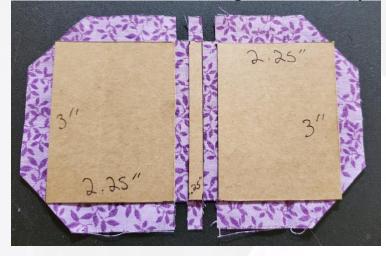


8. Use this template to cut out a piece of fabric for the cover.





9. Place your cardboard covers and binding on the fabric you cut out.



10. Glue those cardboard pieces in place. Fold the fabric over the edges of these pieces and also glue that in place.



11. Glue the booklets that you threaded together upright in the center of your book, along the binding.





12. Glue the first and last page to the front and back cardboard covers.



Your mini-book is finished!

